

## BALINT LEADERSHIP TRAINING INTENSIVE

Thurs., November 5th– Sun., November 8th, 2009

### REGISTRATION

Register on-line or print registration materials at:  
[www.americanbalintsociety.org/charleston.html](http://www.americanbalintsociety.org/charleston.html)

Or fill out this form ...

Please type or print and keep a copy for your records

Name \_\_\_\_\_ Degree \_\_\_\_\_  
Professional role/Medical Specialty \_\_\_\_\_  
Circle One: MD Psychologist LCSW Other  
License # \_\_\_\_\_  
Institutional Affiliation \_\_\_\_\_  
Role in Institution \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip \_\_\_\_\_  
Phone: w \_\_\_\_\_ h \_\_\_\_\_  
Email \_\_\_\_\_

**Please add \$75 for 2010 dues for the ABS  
(\$30 for fellows, residents, and students).**

Registration fee: \$ \_\_\_\_\_  
Guests at Dinner Sat \$ \_\_\_\_\_ (50.00 per guest)  
2010 ABS Dues (75/30) \$ \_\_\_\_\_  
Total Enclosed \$ \_\_\_\_\_

**Make Checks Payable to:**

**"American Balint Society Charleston"**

**No registration accepted without payment**

**If not registering online, send payment and this form to:**

D. Todd Detar, DO

M.U.S.C. Department of Family Medicine

MSC 192, 295 Calhoun Street

Charleston, SC 29425-1920

**Registration Deadline: October 1st, 2009**

Please complete:

I have participated in a Balint Group for:

Never \_\_\_ Less than 2 years \_\_\_ Over 2 years \_\_\_

I have led or co-led a Balint Group for:

Never \_\_\_ Less than 2 years \_\_\_ Over 2 years \_\_\_

\_\_\_ I agree to attend ALL scheduled sessions of the  
Intensive

Registration deadline: October 1, 2009

All registrants must be or become members of the American, or their respective nation's Balint Society. Registration will be limited to 30 participants. Much of the training is done in small, ongoing groups, co-led by 2 faculty. Each small group will conduct 9 Balint Group sessions, with opportunities to lead/co-lead sessions and receive feedback. Each group will video-record a session and debrief it. Critical issues of Balint work will be addressed during topic-focused discussions.

Application does not guarantee acceptance. The ABS reserves the right to choose the participants and registrants and to assign participants to small groups, to maximize the educational and professional experience offered. We reserve the right to refuse registrations and to cancel registrations already made. In the event of cancellation, any registration fees paid will be refunded. Such refund shall represent the entire liability to the registrant.

#### Cancellation Policy

All cancellations must be requested in writing. In order to receive a refund, the request must be received before October 19, 2009. \$100 of the registration fee will be withheld for administrative fees. Refunds will be issued after the conference. The ABS reserves the right to cancel or postpone any course due to unforeseen circumstances or insufficient enrollment. In that case, full tuition will be refunded.

#### Location and Lodging

All events will take place at the Trident University Family Medicine Center, 9298 Medical Drive, North Charleston, SC 29406. Registrants are responsible for making their own hotel arrangements. A special room rate of \$89 plus tax (includes breakfast) is available for participants at the Holiday Inn Express, located across the street from the Medical Center. Charleston-North Holiday Inn, 8975 Elms Center Rd, North Charleston, SC 29406

[www.hiexpress.com](http://www.hiexpress.com). Mention "American Balint Society" when calling 1-843-569-3200 for reservations. Discounted rate is not guaranteed after 10/1/09.

For administrative questions, please contact Barbara Brock, (843-670-1588) or [beb914@hotmail.com](mailto:beb914@hotmail.com).



## Balint Leadership Training Intensive

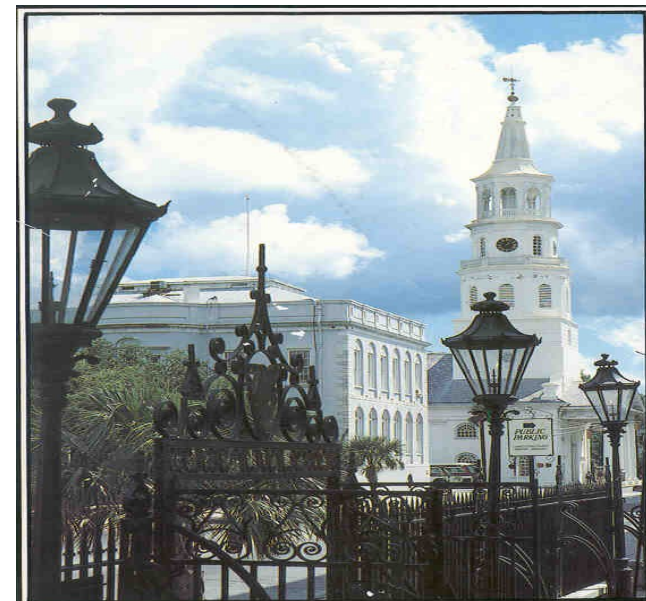
Thursday, November 5 –  
Sunday, November 8, 2009

Trident University Family Medicine Center  
North Charleston, SC

Jointly sponsored by:  
The American Balint Society  
and  
Department of Family Medicine  
MUSC Family Medicine

[www.AmericanBalintSociety.org](http://www.AmericanBalintSociety.org)

Training Leaders in Relationship Centered Care



The “Balint Group” has traditionally been a group of physicians who meet regularly and present cases to better understand the doctor-patient relationship. The Group focuses on enhancing the physician’s ability to connect with and care for the patient. Balint Groups currently serve as a core training modality in professionalism and clinician-patient relationships.

The Balint Leadership Training Intensive prepares attendees to lead Balint Groups. The Training is designed for medical educators and practicing clinicians who teach/explore the clinician-patient relationship. Residents, students and fellows, as well as community clinicians who want to learn more about Balint work, are also welcome. Trainings include physicians, psychiatrists, psychologists, social workers and mental health professionals who work with students, residents, trainees and supervisees.

### Learning Objectives

This Training offers practical, experiential learning opportunities for those who are currently leading or hope to lead Balint Groups. At the end of the Training, attendees will be able to:

1. Describe verbal and non-verbal leadership behaviors of Balint Group leaders
2. Demonstrate the effectiveness of different leadership interventions
3. Identify process and progression of a Balint Group, over multiple group sessions
4. Define the new perspective of the presenter as a result of the Balint Group process

### Tuition

All registration fees include syllabus, continuing education credit, and meals listed in the schedule.

Single Registration      \$550 before 9/4/09  
    \$600 after 9/4/09

2 or more registrants from the same program  
    \$525 each before 9/4/09  
    \$575 each after 9/4/09

Residents, students, fellows: 20% off  
    \$440 each before 9/4/09  
    \$480 each after 9/4/09

## Balint Leadership Training Intensive

### Schedule

#### Thursday November 5th

- 12:00 noon – 1:30 Conference registration
- 1:30 – 2:30 Welcome, introductions, review of Balint Group Process
- 2:45 – 6:00 Balint Group sessions #1-2
- 6:15 – 7:15 Topic-focused discussions
- 7:30 Lowcountry Dinner

#### Friday November 6th

- 8 – 12:45 Balint Group sessions #3-5
- 12:45 Lunch Provided
- 1:45 – 3:15 Balint Group #6
- 3:30 – 5:30 Balint Groups review video tapes
- Evening free to sample Charleston cuisine

#### Saturday November 7th

- 8 – 11:00 Balint group sessions #7-8
- 11:15 – 12:30 Topic-focused discussions
- 12:30 Lunch on your own, free afternoon
- 7:00 Dinner at Oscars, Summerville, SC

#### Sunday November 8th

- 8 – 9:30 Balint Group session #9
- 9:30 – 10 Small group closure
- 10:15 – 11:30 Large group session/closure

### Please Note

- It is necessary to participate in the entire program. The success of the conference depends on group cohesiveness. Please do not plan to arrive late, leave early or miss sessions.
- Participants should be clinically active and willing to present cases.
- Please be aware that training can stir strong feelings. If you are at a particularly vulnerable time in your life, you might consider completing this training at a later date.
- During this program, a few participants may be co-leading as a part of an evaluation process toward becoming credentialed leaders. Members of their small group may be asked to fill out an assessment of the candidate’s expertise. We believe this process furthers learning of leadership skills and offers the candidate helpful feedback.
- Advance notification of special needs will help us provide a better learning experience. Please notify us of your needs prior to 2 weeks in advance of the program.
- Continuing Education Credits have been applied for, through the Trident Graduate Medical Office, including physicians, psychologists, social workers, and master level counselors for 20.5 credit hours.

Course Director  
 D. Todd Detar, DO  
 detardt@musc.edu or 843-452-6512.

### Faculty

Clive D. Brock, MB, ChB.  
 Past President, American Balint Society  
 Professor, MUSC Department of Family Medicine  
 Charleston, SC

Alexander Chessman, MD  
 Professor, MUSC Department of Family Medicine  
 Charleston, SC

D. Todd Detar, D.O, Co-Director  
 American Balint Society Council Member  
 Clinical Associate Professor, Family Medicine  
 MUSC Department of Family Medicine  
 Charleston, SC

John Freedy, MD PhD., Co-Director  
 American Balint Society Council Member  
 Assistant Professor, Family Medicine  
 MUSC Department of Family Medicine  
 Charleston, SC

Alan Johnson, Ph.D.  
 Psychologist, Private Practice  
 Mount Pleasant, SC

Ann Sinclair MS, LCSW  
 President, American Balint Society  
 Clinical Assistant Professor, Dept of Family Medicine  
 Oregon Health & Science University  
 Portland, OR

All faculty members are Credentialed as Balint Group Leaders by the American Balint Society